

AMWC

SOUTHEAST
ASIA

AESTHETIC & ANTI-AGING MEDICINE WORLD CONGRESS

Aesthetic &
Longevity
Medicine
2030:
The Next
Starts Now

26-27-28
November, 2026

WWW.AMWC-SOUTHEASTASIA.COM

BANGKOK, THAILAND
THE ATHENEE HOTEL

POST-CONGRESS COURSE
RAJAVITHI HOSPITAL



Organized in cooperation with
the official DST Dermatological
Society of Thailand



Under the scientific supervision
of the Aesthetic Multispecialty
Society (AMS)



im-aesthetics
informa medical aesthetics

informa connect

Welcome to AMWC Southeast Asia 2026

Aesthetic & Longevity Medicine 2030: The Next Starts Now

It is our privilege to welcome you to AMWC Southeast Asia 2026, where leading experts in aesthetic medicine, dermatology, and longevity science gather in Bangkok to explore the next evolution of our field - looking ahead to what aesthetic and longevity medicine will become by 2030.

In continued collaboration with the Dermatological Society of Thailand (DST) and the Aesthetic Multi-Specialty Society (AMS), and with a support of the American Academy of Anti-Aging Medicine (A4M), this year's congress reflects a profound transformation in patient expectations and clinical practice.

Longevity is no longer a parallel conversation - it is becoming a central pillar of aesthetic medicine. Patients today are not only seeking visible results, but also long-term skin quality, prevention, and overall healthspan. This evolution calls for a more integrated approach, where aesthetic treatments and longevity strategies work seamlessly together.

AMWC Southeast Asia 2026 is designed to support this transition. The scientific program bridges established techniques with emerging advances, offering practical insights to enhance current practice while preparing you for what lies ahead.

Because the path to 2030 is already taking shape. The next five years will bring significant advances in technologies, regenerative medicine, and personalized care—and many of these innovations are already entering clinical practice today. To stay ahead means to start now.

The exhibition floor is a hub of innovation and collaboration, where key industry players present their newest technologies and breakthroughs. Discover what's next, connect with experts, and explore solutions that are redefining standards across the field.

At AMWC Southeast Asia, scientific excellence goes hand in hand with a strong sense of community. Whether you are joining us for the first time or returning, we hope you feel inspired, supported, and part of a collective journey forward.

Welcome to AMWC Southeast Asia 2026.

Welcome to the Next of Aesthetic Medicine.

Organizations



DERMATOLOGICAL SOCIETY OF THAILAND

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• New Petchburi, HuayKwang • Bangkok, Bangkok 10320
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• www.amwc-southeastasia.com

im-aesthetics
informa medical aesthetics



informa connect



Venue

THE ATHENEE HOTEL, A LUXURY COLLECTION HOTEL

61 Witthayu Rd, Lumpini, Pathum Wan, Bangkok 10330, Thailand

CONGRESS INFORMATION

Venue

THE ATHENEE HOTEL, A LUXURY COLLECTION HOTEL
61 Witthayu Rd, Lumpini, Pathum Wan, Bangkok 10330,
Thaïlande
www.marriott.com/en-us/hotels/bkkla-the-athenee-hotel-a-luxury-collection-hotel-bangkok

Location

- 30 minutes from Suvarnabhumi International Airport
- BTS sky-train stations: "Ploenchit" and "Siam" are linked via sky-walk

A4M Certification & Board



To obtain ABAARM Board Certification or ABAAHP Diplomate Certification with A4M, candidates are required to complete two live or online educational events.

By attending AMWC Southeast Asia 2026, you will completely fulfill one of these two mandatory event requirements.

Registration



Online registration, with secure credit card payment is available at **www.amwc-southeastasia.com** Access to the conference during Nov 26th & 27th depends on your choice of pass.

- **Conference Pass** - Access to all scientific sessions, the catalyst stage, sponsored workshops & exhibition
- **Visitor Pass** - Access to the catalyst stage, sponsored workshops and exhibition

The registration fee to Conference passes includes:

- A badge, a congress bag, a conference book, all the congress documents
- Certificate of attendance with accreditation credits
- Coffee breaks and lunches offered on site
- **Post-congress courses** - Nov 28th at Rajavithi hospital
These one-day courses are designed to provide deeper clinical insights and practical application through real-world case discussions, treatment planning exercises, and live demonstrations.
 - Integrated Aesthetics 360°: A Clinical Masterclass in Integrated Aesthetic Treatment Planning
 - Clinical Longevity Medicine: From Systems Biology to Therapeutic Action

Cancellation policy:

Please consult **www.euromedicom.com**

General Information

VISA

For most countries, no specific Visa is required to visit Thailand. If you require a visa invitation letter for inclusion with your entry VISA application, it can be downloaded from your account "when" you are registered to the event. If you will need more information, please contact us at:

registration@euromedicom.com

Accommodation

Make your stay in Bangkok seamless and convenient with our official hotel booking service, offering a variety of hotels located close to the congress venue.

Book your hotel: **<https://HotelMap.com/MCCZC>**

Prefer to stay at the official congress venue hotel?
Contact **registration@euromedicom.com** for more information and booking details.

International Accreditation

AMWC SEA 2026 is currently in the process of submitting for accreditation from various international authorities.



- AMWC Southeast Asia 2026 has been submitted for assessment through the conference vetting system under the MedTech Europe Code of Ethical Business Practice.
Event reference: **EMT-26-10734**
Status: **Compliant**

With the Collaboration of



- The Tourism Authority of Thailand supports AMWC Southeast Asia 2026 in reinforcing Thailand's position as a leading regional hub for medical and wellness innovation.

Thailand is recognized as an important center for healthcare, medical education, and longevity-focused services, supported by internationally accredited institutions, advanced medical infrastructure, and a growing ecosystem spanning preventive medicine, healthy aging, and patient-centered care.



- The College of Integrative Medicine (CIM), Dhurakij Pundit University. This partnership highlights a shared vision of advancing integrative and aesthetic medicine to provide holistic solutions for anti-aging treatments.

CIM is dedicated to Empowering Health, Enhancing Beauty, and Extending Life.

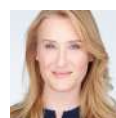
International Scientific Directors



Jack KOLENDA
Facial Plastic Surgeon
Canada



Joan VANDEPUTTE
Plastic Surgeon
Belgium



Heidi A. WALDORF
Dermatologist
United States

Country Host Scientific Directors



Ratchathorn PANCHAPRATEEP
Dermatologist
Thailand



Rattapon THUANGTONG
Dermatologist
Thailand



Rungsima WANITPHAKDEEDECHA
Dermatologist
Thailand

Integrated Longevity & Healthy Aging Scientific Council



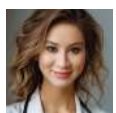
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United States



Mart MAIPRASERT
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Thailand



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General Physician
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Neurologist
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Internal Medicine
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Pakpilai THAVISIN
Aesthetic & Anti-aging Physician
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Mexico



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Rungsima WANITPHAKDEEDECHA
Dermatologist
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Jinda ROJANAMATIN
President



Rataporn UNGPAKORN
Secretary-General



Ratchathorn PANCHAPRATEEP
Scientific Director



Rungsima WANITPHAKDEEDECHA
Scientific Director



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Thanya TECHAPICHETVANICH
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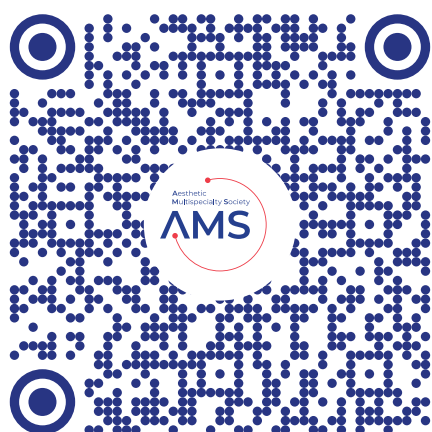
"All organizing committee and national scientific sub-committee members are board-certified dermatologists"

ADVANCED LIST OF FACULTY

ABDULBAKY Abdulrahman - Plastic Surgeon - London, UK
ABU SHEIKH Lubaba - Dentist - Amman, Jordan
AGARWAL Madhuri - Dermatologist - Mumbai, India
AHN Tae Hwan - Facial Plastic Surgeon - Seoul, South Korea
AKEF Reza - Aesthetic Physician - North York, Canada
ALAMRI Ali - Cosmetic Dermatologist - Riyadh, Saudi Arabia
ALI Kashif - Aesthetic & Anti-aging Physician - Peshawar, Pakistan
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BETZER Hagai - Aesthetic Physician - Israel
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BONAN Paolo - Dermatologist - Florence, Italy
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CHACUR Roberto - General Surgeon - Sao Paulo, Brazil
CHAWVAVANICH Prapawan - Dermatologist - Bangkok, Thailand
CHAYAVICHITSILP Pamela - Dermatologist - Nonthaburi, Thailand
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NARUPAVES Nuttorn - Hair Transplant Surgeon - Samutprakarn, Thailand
NEESER Karl J. - Professor / Teacher - Bangkok, Thailand
NG Donald Tiong Leng - Aesthetic Physician - Singapore, Singapore
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NOKDHES Ya-Nin - Dermatologist - Bangkok, Thailand
PABILA Jenny - Public Relations - Essex, UK
PAI Jamuna - Aesthetic Physician - Mumbai, India
PAMELA Ruri D - Dermatologist - Jakarta, Indonesia
PANCHAPRATEEP Ratchathorn - Dermatologist - Bangkok, Thailand
PHAM THI BAO Tram - Dermatologist - Cai Khe, Vietnam
POLI Luca - Plastic Surgeon - Milano, Italy
PUPO Dagné - Aesthetic & Anti-aging Physician - Palma De Mallorca, Spain
RAJANI Anil - Aesthetic & Anti-aging Physician - Hood River (OR), USA
RAMIREZ Sylvia - Aesthetic Physician - Singapore
ROBREDO-VITAS Irene Gaile C. - Dermatologist - Manila, Philippines
ROHRER Jared - Medical Aesthetics Industry - Orlando (FL), USA
ROJANAMATIN Jinda - Dermatologist - Bangkok, Thailand
SAMPATTAVANICH Nattaporn - Dermatologist - Nonthaburi, Thailand
SANJAYA Kristian - Aesthetic Physician - Kota Surakarta, Indonesia
SANPHASITVONG Wanviput - Anti-aging Physician - Bangkok, Thailand
SAWASDIPONG Junjira - Dermatologist - Bangkok, Thailand
SCHERZ Gunther - Clinic Owner/Manager - Singapore
SEO Kyle Koo-II - Dermatologist - Seoul, South Korea
SHAH Falguni - Dermatologist - Mumbai, India
SHIN Nala - Dermatologist - Jeonju-Si, South Korea
SIA Ricky - Aesthetic Physician - Brisbane, Australia
SION Christen Zen - Facial Plastic Surgeon - Balanga City, Philippines
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SOMSUP Sarittha - Neurologist - Bangkok, Thailand
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TAYANGKHANON Warisa - Aesthetic & Anti-aging Physician - Bangkok, Thailand
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THAMMASUNTHORN Akaluck - General Surgeon - Bangkok, Thailand
THINNES Cyrille - Researcher - Galway, Ireland
THONGJAROENSIRIKUL Panwadee - Dermatologist - Bangkok, Thailand
THULESEN Jesper - Oculoplastic Surgeon - Copenhagen, Denmark
TIENTHAVORN Tanongkiet - Dermatologic Surgeon - Bangkok, Thailand
TSIVTSIVADZE Mariam - Plastic & Reconstructive Surgeon - Tbilisi, Georgia
TURNER Russell - Business Consultant - Frome, UK
VACHATIMANONT Vanravi - Dermatologic Surgeon - Bangkok, Thailand
VAN EIJK Tom - Aesthetic Physician - Amsterdam, Netherlands
VANDEPUTTE Joan - Plastic & Reconstructive Surgeon - Oudenaarde, Belgium
VARDE Prince - Aesthetic Physician - Mumbai, India
VERNER Ines - Dermatologist - Tel Aviv, Israel
VLACHAKIS Georgios - Plastic Surgery Resident - Athens, Greece
VO Trong Nghia - Dermatologist - Ho Chi Minh City, Vietnam
VORAVUTINON Nataya - Dermatologic Surgeon - Bangkok, Thailand
WAGIU Jesiandra - Aesthetic & Anti-aging Physician - Surakarta, Indonesia
WALDORF Heidi A. - Dermatologist - New York, USA
WANG Shiou-Han - Dermatologist - Taipei, Taiwan
WANITPHAKDEEDECHA Rungsima - Dermatologist - Bangkok, Thailand
WAQAS Falak - Cosmetic Dermatologist - Karachi, Pakistan
XIAO Jean - Anti-aging Physician - Ridgewood, USA
YAO Cheng - Dermatologist - Shanghai, China
YEN Terry - Plastic Surgeon - Taipei, Taiwan
ZABNENKOVA Olga - Dermatologist - Moskva, Russia
ZALESKA Izabela - Head of department - Krakow, Poland

Join the

AESTHETIC MULTISPECIALTY SOCIETY



A platform designed for AESTHETIC MEDICINE PROFESSIONALS

The AMS, the world's largest multispecialty aesthetic medicine society, provides a digital platform where members can network and access 6,000+ scientific presentations, 460+ live demonstrations, and earn CME/CPD credits, helping them grow and advance in their careers.

• **39,000+**

members are already benefiting from the AMS features and enhancing their medical practice.

Free membership available

AMWC
AESTHETIC & ANTI-AGING
MEDICINE WORLD CONGRESS

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www.multispecialtysociety.com

AMWC Southeast Asia 2026

*Aesthetic & Longevity Medicine 2030:
The Next Starts Now*

One Ecosystem, Complete Your Edge.

At AMWC Southeast Asia 2026, the program is designed as a complete clinical journey—guiding you from understanding the evolution of aging to mastering treatment, managing complexity, and preparing for what comes next.

Structured across four complementary dimensions, the congress offers a seamless learning experience that reflects the realities of modern aesthetic practice.

UNDERSTAND



TREAT



MASTER



ANTICIPATE



Why

Longevity AXIS

Understand aging and the science behind better outcomes.



How

Clinical Precision AXIS

Master today's interventions and deliver clinical excellence.



Control

Master & Scale AXIS

Manage complexity, ensure safety, and build sustainable practices.



What's Next

Catalyst Stage

Explore innovation, industry direction, and what's ahead.

AMWC CATALYST STAGE

A innovation hub within the congress

Where scientific thinking meets innovation - The Catalyst Stage brings you the **latest data, ideas, and evidence** behind the tools, technologies, and treatments shaping the future of aesthetic and clinical practice.

WHY ATTEND?

- Gain early insight into emerging technologies and treatments - supported by data, not marketing
- Hear science-backed presentations on innovations you're already using or considering
- Discover independent and industry-supported research that may influence your clinical decisions
- Learn how peers and KOLs interpret new findings and apply them in practice
- Challenge or validate your protocols with real data
- Understand the scientific rationale behind what you see in the exhibit hall

KEY HIGHLIGHTS

- Only science-first content - No sales pitches
- A unique mix of voices: Clinicians, researchers, and industry
- Focused on evidence, protocols, and outcomes
- Designed for curious, data-driven clinicians
- Real-world applications from early-stage findings
- For doctors who ask: Where's the evidence?

WHAT YOU'LL EXPERIENCE

- Clinically relevant topics for real-world practice
- Independent + industry-supported studies - all science, no sales
- Key updates on data, safety, protocols, and outcomes
- Exposure to emerging tools, technologies, and concepts



"The Catalyst Stage is designed for clinicians who want to understand not only what is new – but what truly deserves a place in modern practice."

- Jack Kolenda, Facial Plastic Surgeon & AMWC Southeast Asia 2026 Scientific Director

THURSDAY

26 NOV

	ROOM 1	LONGEVITY TRACK (ROOM 2)	ROOM 3	THE CATALYST STAGE
08:30 09:45	NEXT-LEVEL TOXIN & FILLER STRATEGIES PREDICTABLE, PREVENTIVE, PERSONALISED	THE LONGEVITY BLUEPRINT SCIENCE, BIOMARKERS & PERSONALIZED PREVENTION	ENERGY-BASED EVOLUTION DEVICES THAT DEFINE THE DECADE	SCIENTIFIC FRONTIERS INNOVATIONS FROM INDUSTRY
09:45 10:30	OPENING REMARK & WELCOME	COFFEE BREAK		
10.30 12.00	SMALL ZONES, BIG IMPACT MASTERING THE PERIORBITAL & PERIORAL AREAS LIVE DEMO 	METABOLIC RESET 2030 OBESITY, GLP-1S & BEYOND	THE SCAR STACK ENERGY, TOXINS & BIOLOGICS	MALE AESTHETICS A DIFFERENT TREATMENT LOGIC
12.00 14.00	12:00 - 13:00 LUNCH SYMPOSIUM	LUNCH BREAK		
14.00 15.45	THE PROFILE CHALLENGE CHIN, JAWLINE AND PROPORTION LIVE DEMO 	REGENERATIVE HEALTH HORMONES, PEPTIDES, AND SYSTEMIC RECOVERY PATHWAYS	CRACKING THE DENSITY CODE MULTIMODAL APPROACHES TO HAIR RESTORATION	SPONSORED SYMPOSIUM
15.45 16.30	COFFEE BREAK			SPONSORED SYMPOSIUM
16.30 18.00	WHEN THINGS GO WRONG PREVENTION, RECOGNITION & RESCUE	SYSTEMS MEDICINE IN AGING THE GUT-BRAIN-SKIN AXIS & THE EXPOSOME	OFF-FACE AESTHETIS ADVANCED CONTOURING FOR NECK, HANDS & BODY	MALE AESTHETICS A DIFFERENT TREATMENT LOGIC

Sponsored symposia scheduled in Rooms 4 and 5 can be found on the dedicated Sponsored Symposia page.

FRIDAY

27 NOV

	ROOM 1	ROOM 2	ROOM 3	THE CATALYST STAGE	
08:30 09:45	THE LAYERED FACE NAVIGATING ANATOMY, HIGH-RISK ZONES, & PRECISION INJECTIONS	AESTHETICS 2.0: FROM WRINKLES TO WELLNESS THE PRACTICAL GUIDE TO LONGEVITY INTEGRATION (PART 1)	THE SURGICAL PORTFOLIO ADVANCED MINIMALLY INVASIVE REFINEMENT	THE NEXT STARTS NOW FUTURE TRENDS FORUM	
09:45 10:30	COFFEE BREAK				
10.30 12.00	PRECISION AND PLURALISM A LIVE SHOWCASE OF INCLUSIVE AESTHETICS LIVE DEMO 	AESTHETICS 2.0: FROM WRINKLES TO WELLNESS THE PRACTICAL GUIDE TO LONGEVITY INTEGRATION (PART 2)	SMART DEVICES, SMARTER RESULTS	YOUR CASE. YOUR CHALLENGE. YOUR NEXT STEP	
				SPONSORED SYMPOSIUM	
12.00 14.00	12:00 - 13:00 LUNCH SYMPOSIUM	LUNCH BREAK			
14.00 15.45	BLINDSPOTS DECOUPLING RISK FROM HIGH-IMPACT INJECTION LIVE DEMO 	THE NEW AESTHETIC CURRENCY REGENERATION, RESTORATION, REPAIR	PIGMENT WARFARE CONTROLLING THE MOST COMPLEX SKIN CHALLENGE	SPONSORED SYMPOSIUM	
				SPONSORED SYMPOSIUM	
15.45 16.30	COFFEE BREAK			INNOVATION & EVIDENCE UPDATE	
16.30 18.00	ONE FACE, MANY TOOLS THE ART OF SYNERGISTIC AESTHETICS	THE METABO-AESTHETIC ERA MASTERING THE GLP-1 PATIENT JOURNEY	WHERE DO THREADS FIT IN MODERN AESTHETIC ALGORITHMS?		

Sponsored symposia scheduled in Rooms 4 and 5 can be found on the dedicated Sponsored Symposia page.

ROOM 1

08:30 - 09:45

SESSION ID: 8955

Next-Level Toxin & Filler Strategies: Predictable, Preventive, Personalised**Moderators:** Nattaporn Sampattavanich

Injectable aesthetics continues to evolve toward more refined, strategic, and patient-specific approaches. This session explores advanced toxin and filler techniques that prioritize predictability of outcomes, prevention of early aging changes, and truly individualized facial planning.

Faculty will discuss modern approaches to facial assessment, dosing strategies, and product selection, as well as how injectables can be integrated into broader treatment plans that include devices and regenerative therapies. The focus is on achieving natural, stable, and long-term results through precision-based, prevention-oriented, and fully personalized injectable practice.

*Dropping the Needles: The LADD Evolution for Botulinum Toxin**Nattaporn Sampattavanich, Thailand**Rethinking Preventive Toxin: In-Silico Evidence of Accelerated Frontalis Aging from Chronic BoNTA Use**Alain Michon, Canada**Immunoresistance in Aesthetic Practice is Real: Pragmatic Clinical Insights**Kyle Koo-II Seo, South Korea**Beyond Volumization: Hyaluronic Acid Myomodulation for Dynamic Asymmetry After Facial Paralysis**Manaka Tagaya, Japan**The "V-to-U" Transition: Redefining Non-Template Chin Filler Techniques for Natural and Harmonious Jawline Restoration**Jesiandra Wagiu, Indonesia**The New Hype: Injectable Collagen Powder - The Shift from Fillers to True Skin Longevity**Aikaterini Gkouvi, Greece*

09:45 - 09:55

SESSION ID: 8957

Opening and Welcome Address

10:30 - 12:00

ID SESSION: 8961

Small Zones, Big Impact: Mastering the Periorbital & Perioral Areas **LIVE DEMO** **Moderators:** Pitchaya Maneeprasopchoke

Treating the periorbital and perioral zones requires a nuanced understanding of anatomy, movement, and age-related changes. This session examines advanced treatment strategies for these highly expressive areas, highlighting patient assessment, technique refinement, complication prevention, and approaches to achieving harmonious, natural results.

*The Edge of the Gaze: Rejuvenating the Eye from the Outside In**Dagné Pupo, Spain**Sequential Layer-Specific Tear Trough Treatment: Clinical Outcomes and Safety Profile in 156 Patients with Focus on Persistent Edema Reduction**Stefano Moretti, Italy**LT Protocol: A Physiological Approach to Constitutional Malar Edema Using Dynamic MFU**Luis Assis, Brazil***LIVE DEMO**  *Periorbital Zone**Rungsima Wanitphakdeedecha, Thailand**Regenerative Lip Enhancement: Moving Beyond HA with Atelocollagen Injectables**Pitchaya Maneeprasopchoke, Thailand***LIVE DEMO**  *Sculpting the Perfect Smile**Krishan Mohan Kapoor, India*

The Profile Challenge: Chin, Jawline and Proportion LIVE DEMO ▶

Moderators: Thanya Techapichetvanich

Facial profile balance plays a decisive role in overall facial harmony, with the chin and jawline serving as key structural anchors of aesthetic perception. This session examines modern approaches to evaluating and improving lower-face proportion, focusing on chin projection, mandibular definition, and the transition between facial thirds. Emphasis is placed on anatomical analysis, individualized treatment planning, and the strategic use of injectables, energy-based devices, and regenerative techniques. Through contemporary clinical perspectives, the session highlights how subtle adjustments in structure and contour can create meaningful improvements in facial balance while preserving natural identity.

Anatomy-Guided Strategic Filler Approach for Facial Slimming and Overfill Prevention

Thanya Techapichetvanich, Thailand

Clinical and Extracellular Matrix Response to Undiluted and Diluted Calcium Hydroxylapatite

Kate Goldier, UK

Treat the Face, Not the Nose: Rethinking Modern Rhinoplasty Through Facial Harmonization

Asher Ahmed Mashhood, Pakistan

Frontal Eminence-based Aesthetic Design and Injection Protocol for Hyaluronic Acid Forehead Augmentation

Cheng Yao, China

LIVE DEMO ▶ Dual-Plane Filler Injection and Botulinum Toxin for Comprehensive Chin Augmentation and Marionette's Line Correction

Seung Gook Hwang, South Korea

Thread Lifting: From Conventional to Refined Technique

Ya-Nin Nokdhes, Thailand

LIVE DEMO ▶ Proportion & Jawline

Jinda Rojanamatin, Thailand

When Things Go Wrong: Prevention, Recognition & Rescue

Moderators: Natthachat Jurairattanaporn, Jesper Thulesen

Complications can happen even in experienced hands. What matters is what you do next. This session explores the critical moments when things go wrong - from early recognition and accurate assessment to decisive intervention and recovery. Combining anatomical knowledge, advanced imaging insights, and practical rescue approaches, it offers a clinically focused look at how to anticipate complications, act quickly, and improve outcomes when every decision counts.

The Venous Danger Zone of the Temporal Fossa: An Anatomical Concept for Preventing Pulmonary Embolism During Temporal Filler Injection

Krishan Mohan Kapoor, India

Decoding Injectable Material Types and Adverse Reactions via High-Frequency Ultrasound Evaluation

Natthachat Jurairattanaporn, Thailand

Late-Onset Filler Reactions: Are We Overlooking Mechanical Contributors? Ultrasound Insights

Hagai Betzer, Israel

Emergency Procedures in Conditions with Complications Following Treatment with Hyaluronic-acid (HA) Containing Fillers - An Overview based on the ISAC categorization

Jesper Thulesen, Denmark

Complete Recovery from Retinal Vascular Occlusion After PDLLA Injection

Donald Tiong Leng Ng, Singapore

Multimodal Strategies for Salvaging Skin After Vascular Complications in Aesthetic Procedures

Daniel Kalbermatten, Switzerland

Managing Non-Hyaluronic Acid Filler Occlusions: The Role and Safety Thresholds of Off-Label Anticoagulation

Chunxiao Liu, China

THE LONGEVITY TRACK - ROOM 2

08:30 - 09:45

SESSION ID: 8953

The Longevity Blueprint: Science, Biomarkers & Personalized Prevention

Moderators: Theodora Mantzourani, Derrick Desilva, Mart Maiprasert

Aesthetic medicine is evolving beyond treating visible aging, as patients now seek personalized strategies for appearance and long-term vitality. This session examines how biomarkers, biological age, inflammation profiling, and preventive medicine are shaping consultations and treatment planning. Experts will discuss the impact of systemic aging on skin quality, collagen, recovery, and regeneration, offering insights to enhance outcomes today and prepare for the shift toward personalized healthy-aging medicine by 2030.

Key discussion points:

- Biological age vs chronological age in aesthetic patients
- Biomarkers influencing skin quality and aging
- Inflammaging and collagen decline
- Personalized prevention strategies
- Predictive approaches to healthy aging
- How longevity diagnostics may integrate into future aesthetic practice

Metabolomics and Systems-Biology Medicine: The Future of Precision Medicine

Cyrille Thinnes, Ireland

Clinical Genomics in Action: Translating SNPs and Longevity Pathways into Personalized Compound Protocols

Laura Lile, USA

Testing and Serology in a Longevity Practice

Derrick DeSilva, USA

Inflammaging, Biological Age, and the Next Generation of Aesthetic Biomarkers

Suwanna Suwannaphong, Thailand

10:30 - 12:00

SESSION ID: 8960

Metabolic Reset 2030: Obesity, GLP-1s & Beyond

Moderators: Theodora Mantzourani, Derrick Desilva, Mart Maiprasert

As metabolic medicine transforms healthcare, understanding its impact on aging, body composition, and long-term vitality has become increasingly important. This session explores obesity management, GLP-1 therapies, and emerging approaches to metabolic optimization, while addressing muscle preservation, tissue quality, and the physiological consequences of significant weight loss. Experts will discuss how metabolic health is shaping the future of longevity, prevention, and patient care.

Key discussion points:

- Metabolic dysfunction and accelerated aging
- GLP-1 therapies and beyond
- Body composition and muscle preservation
- Weight loss, tissue quality, and structural changes
- Nutritional support strategies
- The role of metabolic medicine in healthy aging

Preventing Sarcopenia while Using GLP1's

Derrick DeSilva, USA

"Ozempic Skin" vs Skin Glycation & Skin Ageing: Is There a Happy Medium?

Theodora Mantzourani, UK

Deep Fasting (24-36 Hours): Metabolic Effects, Autophagy, Mitochondrial Biogenesis, and Implications for Longevity

Abraham De La Rosa, Guatemala

Peptide Medicine in Aesthetics: Bridging Rejuvenation, Recovery, and Healthy Aging

Francisco Hernandez Gomez Crespo

When GLP-1s Fall Short: A Functional Approach to Non-Response, Side Effects, and Weight Regain

Mart Maiprasert, Thailand

Regenerative Health: Hormones, Peptides, and Systemic Recovery Pathways

Moderators: Theodora Mantzourani, Derrick Desilva, Mart Maiprasert

Healthy aging depends not only on prevention but also on the body's ability to repair, recover, and maintain resilience over time. This session explores the role of hormonal regulation, peptide signaling, and regenerative pathways in supporting vitality, tissue health, and long-term function. Experts will discuss emerging approaches to optimize recovery, preserve muscle and energy, and enhance physiological performance, while examining how regenerative medicine may shape the future of healthy aging and clinical practice.

Key discussion points:

- Hormonal transitions and their impact on aging and vitality
- Sexual wellness and quality-of-life optimization in men and women
- Peptides and emerging regenerative medicine applications
- Recovery, resilience, and tissue repair
- Muscle health, energy, and body composition throughout aging
- Future directions in regenerative and performance medicine

HRT/TRT in Women and Men as Longevity Treatments

Theodora Mantzourani, UK

Personalized Bioidentical Hormone Replacement Therapy (BHRT): A Precision Medicine Approach to Healthy Longevity

Luca Poli, Italy

Why Should We Keep an Eye on FSH in Monitoring of Menopause

Serge Ginter, Luxembourg

Systemic Mitochondrial Optimization Through Combined Intravenous Mitochondrial Optimization Therapy (CIMOT): Clinical Outcomes in Regenerative Aesthetic Medicine

Nidia Ayelen Alonso, Argentina

Skin Biohacking and Cellular Longevity: Advances in Regenerative Aesthetic Science

Francisco Llano, Mexico

Systems Medicine in Aging: The Gut-Brain-Skin Axis & The Exposome

Moderators: Theodora Mantzourani, Derrick Desilva, Mart Maiprasert

This session explores how environmental exposures, lifestyle factors, cellular senescence, and the gut-skin axis drive skin aging and recovery. Leading experts will demonstrate how bridging systems biology with clinical dermatology shifts aesthetic practice from reactive correction toward proactive, personalized care.

Key discussion points:

- The Exposome & Epigenetic Aging: How lifetime environmental exposures and stress modify biological age and skin phenotypes.
- The Gut-Skin Axis & Microbiome Dynamics: The role of gut health, nutrition, and microbiome balance in inflammatory skin homeostasis and longevity.
- Lifestyle Medicine in Aesthetic Practice: Integrating sleep, stress regulation, and physiological resilience (HRV) to enhance treatment durability and recovery.
- Targeting Cellular Senescence: How senolytics and geroprotective agents clear «zombie» cells to reduce SASP-driven inflammation and improve matrix regeneration.
- Environmental & Metabolic Interplay: Exploring systemic pathways, sunlight/UVR-induced mediators, and metabolic signaling in healthy aging.

Lifestyle Medicine as the Foundation of Aesthetic Outcomes: Reframing Skin Ageing Through an Integrative Lens

Mayoni Gooneratne, UK

Beyond Visible Aging: Exposome, Epigenetics, and AI-Powered Longevity

Jean Xiao, USA

Optimizing Aesthetic Outcomes Beyond Devices: Integrating Nutrition, Gut-Skin Biology, and Physiologic Resilience for Skin Longevity

Nala Shin, South Korea

Skin Anti-Aging Through Senolytics: Emerging Mechanisms and Clinical Perspectives

Deny Gutierrez Welsh, Mexico

Does Sunlight Act As a Prophylactic Against Diabetes?

Karl J. Neeser, Thailand

ROOM 3

08:30 - 10:30

SESSION ID: 8954

Energy-Based Evolution: Devices That Define the Decade**Moderators:** Ya-Nin Nokdhes, Paolo Bonan

Energy-based technologies are entering a new phase of refinement, moving beyond standalone applications toward more precise, integrated, and outcome-driven treatments. This session explores how modern devices are reshaping aesthetic practice through advances in skin tightening, remodeling, contouring, and overall tissue quality improvement.

Focus is placed on current clinical applications and emerging innovations that are setting new standards for efficacy, safety, and predictability. The discussion highlights how energy-based modalities are increasingly combined with injectables and regenerative strategies to achieve layered, long-lasting results across diverse patient profiles.

Beyond Heat: Cold Atmospheric Plasma for Precision Bioregulation in Aesthetic Dermatology

Shiou-Han Wang, Taiwan

1726 nm Laser Targeting Sebaceous Glands for the Treatment of Acne Vulgaris and Infraorbital Eye Bags

Ya-Nin Nokdhes, Thailand

Beyond a Single Wavelength: The 4D Combined Laser Approach

Passaratap Anurukpaiboon, Thailand

Ultrasound-Based Evaluation of Dermal Remodeling Following 2.45 GHz Microwave Facial Rejuvenation

Paolo Bonan, Italy

Hybrid Microneedle RF for Aesthetic Indications

Wichai Hongcharu, Thailand

Diathermocontraction Revisited: Why an Old Technology Is Solving a New Problem in Facial Laxity

Madhuri Agarwal, India

10:30-12:00

SESSION ID: 9011

The Scar Stack: Energy, Toxins & Biologics**Moderators:** Pitchaya Maneeprasopchoke

Scar management has moved beyond single-modality approaches toward layered, mechanism-based treatment strategies. This session explores how energy-based devices, neuromodulators, and regenerative biologics can be strategically combined to address the multiple components of scar pathology, including dermal fibrosis, vascular changes, and textural irregularities.

Faculty will discuss how to design “stacked” treatment plans based on scar type, tissue behavior, and healing phase, with emphasis on sequencing, safety, and synergistic effects. The session will highlight practical clinical frameworks for integrating these modalities to optimize remodeling while minimizing adverse outcomes and overtreatment.

The Future of Scar Remodeling: Integrating CO2 Lasers and Biostimulators - A Quantitative Analysis via High-Resolution Ultrasound and Biometrics

Oscar Suarez Graterol, Venezuela

Energy-Assisted Biostimulation: Advancing Acne Scar Treatment with Transdermal Poly-L-Lactic Acid Delivery

Rosallyn Kupwiwat, Thailand

Repetitive Superficial Scar Filler Technique: Long-Term Clinical Outcomes Up to 15 Months and Ultrasonographic Assessment

Emre Soyly, Turkey

Synergistic Approach to Scars and Dermal Rejuvenation: Integrating Microneedling Radiofrequency (MNRF) with Stabilized Hyaluronic Acid Complexes

Kashif Ali, Pakistan

Treating Keloids with 532 nm Long-Pulsed Vascular Lasers: Challenges and Clinical Strategies

Wichai Hongcharu, Thailand

14:00 - 15:45

SESSION ID: 8969

Cracking the Density Code: Multimodal Approaches to Hair Restoration

Moderators: Ratchathorn Panchaprateep

Explore innovative strategies in hair restoration, from monotherapies to synchronized, multi-layered protocols. This session highlights how diverse approaches, including advanced topicals, energy-based devices, and regenerative injectables, can enhance hair density and optimize patient outcomes. Gain actionable insights to expand your treatment offerings and elevate results.

Beyond Standard PRP: A PDV-Based Protocol with Area-Specific Dosing and Response-Guided Maintenance in Hair Restoration

Fabian Lopez, Spain

Fractional 1570 nm Laser Therapy in Telogen Effluvium (A Regenerative Approach for Follicular Reactivation Through Energy-Based Modulation)

Iva Stoilova, Bulgaria

Injectable Treatment for Androgenic Alopecia

Ratchathorn Panchaprateep, Thailand

Dual-Action HA-MS-C-Exos for Regenerative Hair Restoration in Androgenetic Alopecia Through Androgen Receptor Suppression and Wnt/ β -Catenin Activation

Sue Kim, South Korea

An Innovation: Enhancing Hair Transplantation Outcomes with a Combination of FRM and Non-injectable Nanofat

Nuttorn Narupaves, Thailand

Advanced Surgical Approach in Post-Burn Cicatricial Alopecia: The Adolescent Advantage

Francisco Castellon, Chile

Modern Eyebrow Transplantation in Asian Patients: Design Before Density

Renee Law, Malaysia

16:30 - 18:00

SESSION ID: 8978

Off-Face Aesthetics: Advanced Contouring for Neck, Hands, and Body

Moderators: Sunatra Nitayavardhana, Jack Kolenda

This session explores layer-specific anatomical manipulation and specialized injectable protocols to redefine regional architecture. Faculty will present innovative approaches for upper body elongation and muscle modulation, covering submental protocols, clavicle contouring, and cervico-torso neuromodulation. The curriculum reviews the physiology of body reshaping and hand rejuvenation before concluding with ultrasound-guided, high-volume structural augmentation for the lower body.

Multimodal Approaches to Submental and Neck Laxity

Sunatra Nitayavardhana, Thailand

Non-surgical Clavicle Contouring to Produce Neck Slimming

Jack Kolenda, Canada

Standardized Botulinum Toxin Dosing for Aesthetic and Functional Management of Hypertrophied Cervico-Torso Muscles: A Prospective Clinical Study

Prathamesh Gupta, India

The Science Behind Physiological Body Reshaping

Kristian Sanjaya, Indonesia

Three Dimensions of Hand Rejuvenation: Volume Restoration, Biostimulation, and Skin Remodeling

Shumaila Qasim Khan, Pakistan

Ultrasound-Guided Gluteal Contouring with Hyaluronic Acid: Experience in 190 Cases

Roberto Chacur, Brazil

THURSDAY, 26 NOV

THE CATALYST STAGE

10:30-12:00

SESSION ID: 9010

Male Aesthetics: A Different Treatment Logic

Moderators: Junjira Sawasdipong

The male aesthetic market has moved beyond isolated wrinkle treatments toward a more strategic, low-downtime approach focused on structure, skin health, and longevity. Modern male patients require treatment logic that goes beyond traditional templates and avoids feminizing outcomes.

This 90-minute masterclass explores advanced approaches to male facial and body aesthetics, including structural definition of the lower face, periorbital and brow design, and body contouring. It also addresses key adjuncts such as male-specific skincare, hair density restoration, and longevity-focused optimization to support comprehensive, performance-driven outcomes.

Male Facial Skin Vitality and Aesthetic Aging: Insights from an International Expert Roundtable

Vasanop Vachiramon, Thailand

Non-Surgical Facial Masculinization in Asian Men (HA Fillers) (Quantified, Prospective 3D Morphometric Facial Data)

Arsalan Khan, Pakistan

Phenotype-Guided Hybrid Filler Treatment in Men: A Standardised Protocol and 48-Patient Case Series

Ricky Sia, Australia

From Liposculpture to Electromagnetic Etching: Redefining the Male Torso

Alexis Delobaux, France

Aesthetic Medicine for Male Patients: BoNT-A, EBD Technology & Fillers

Olga Zabnenkova, Russia

Topic to be Announced

Junjira Sawasdipong, Thailand

13:00-14:00

SESSION ID: 8981

The Business of Trust: Patient Psychology, Conversion & Retention

Moderators: Pamela Chayavichitsilp, Vanessa Bird

In a competitive and increasingly informed market, clinic growth depends on more than visibility alone. This session explores the psychology behind patient decisions, consultation effectiveness, treatment acceptance, and long-term loyalty. Learn how leading practices optimize patient journeys from first inquiry to repeat treatment while building trust-based relationships that drive sustainable growth.

Why Happy Patients Leave: Understanding Silent Attrition

Vanessa Bird, United Kingdom

Consultations that Convert: Trust-Based Decision Support

Gunther Scherz, Singapore

Your Phone Is Ringing… Now What? Maximizing Patient Acquisition Rate

Jared Rohrer, United States

Building a MedSpa Revenue Tree: Hiring, Developing, and Retaining Revenue-Generating Team Members

Jessica Christiansen, United States

Ethical Knowledge, Training Gaps, and Informed Consent Practices Among Non-Surgical Aesthetic Providers: Insights from a Multi-Regional Survey in the United States and Europe

Sylvia Ramirez, Singapore

Panel Discussion - Retention Is the New Acquisition: What Actually Keeps Patients Coming Back?

16:30 - 18:00

SESSION ID: 8972

Innovation & Evidence Update

Discover the latest evidence supporting innovative products and technologies across the industry. Through presentations and expert perspectives, participants will gain insight into recent developments and outcomes. The session will focus on innovation, clinical relevance, and knowledge sharing.

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ROOM 1

08:30 - 09:45

SESSION ID: 9630

The Layered Face: Navigating Anatomy, High-Risk Zones, and Precision Injections**Moderators:** Rungsima Wanitphakdeedecha

This masterclass introduces a phenotype-based assessment protocol to standardize clinical decision-making and map multi-layer tissue targets. Delegates will explore how aging reshapes deep structures, fat compartments, and tissue envelopes, while learning to navigate high-risk facial zones through advanced structural planning, product dispersion analysis, and real-time ultrasound mapping. A layer-by-layer clinical roadmap for optimizing treatment synergy and minimizing vascular risk.

The FUTURE Assessment Protocol: A Novel Phenotype-Based Assessment and Clinical Decision Framework for Personalized Facial Rejuvenation

Abdulrahman Abdalbaky, UK

Forehead Contouring and Eyebrow Repositioning by Strictly Sub-frontalis Injections: Anatomy, Safety and Their Implications

Joan Vandeputte, Belgium

Applying Surgical Nasal Analysis to Nonsurgical Rhinoplasty: An Anatomical Framework for Individualized Hyaluronic Acid Filler Planning

Christen Zen Sison, Philippines

Jawline Descent: Aetiology, Anatomy, and Contemporary Approaches to Aesthetic Correction

Jesper Thulesen, Denmark

Why Standard Rejuvenation Fails Below the Jawline: Anatomical Differences That Demand a Different Approach

Peter Kicko, Czech Republic

10:30 - 12:00

SESSION ID: 8999

Precision and Pluralism: A Live Showcase of Inclusive Aesthetics **LIVE DEMO** **Moderators:** Tanongkiet Tienthavorn

Aesthetic medicine is increasingly shaped by the need for precision in treatment delivery and pluralism in patient diversity. This live showcase explores how individualized aesthetic strategies can be adapted across different genders, ages, ethnic backgrounds, and facial anatomies while maintaining consistent standards of safety and outcome quality.

Through real-time demonstrations and case-based discussions, faculty will highlight how injectables, energy-based devices, and regenerative approaches are tailored to diverse aesthetic goals. The session emphasizes clinical adaptability, respectful treatment design, and the importance of moving beyond one-size-fits-all protocols toward truly personalized aesthetic practice.

How to Reach the Intermediate Plane to Fill Temporal Hollows and Conceal the Temporal Crest: Anatomy and Clinical Practice

Joan Vandeputte, Belgium

The Softening Injectable Blueprint for Gender-Affirming Aesthetics

Tanongkiet Tienthavorn, Thailand

Forehead Fillers: Optimising Techniques and Product Selection for Safe Injection

Jamuna Pai, India

From Masculine Features to Natural Femininity: An Emotion-Guided, Message-Driven Approach to Injectable Facial Feminization in Transgender Women

Akaluck Thammasunthorn, Thailand

Demonstration to be announced

Julieta Spada, Argentina

LIVE DEMO  *Beyond Volume - Structural Biostimulation for Natural Facial Rejuvenation*

Thanya Techapichetvanich, Thailand

Blindspots: Decoupling Risk from High-Impact Injections **LIVE DEMO** **Moderators:** Prapawan Chawvavanich

High-impact injection areas require a careful balance between aesthetic outcomes and patient safety. This session addresses common anatomical blind spots and explores strategies to reduce risk through improved assessment, planning, and technique. Particular emphasis is placed on the role of ultrasound-guided injection in enhancing anatomical understanding, improving precision, and supporting safer clinical decision-making. A live demonstration will illustrate practical application in real time.

*Sub-dermal GPS: Pre-injection Mapping Strategy**Hagai Betzer, Israel**Ultrasound-Guided Planning and Maximum Safe Volume in Lip Filler Augmentation**Reza Akef, Canada**Sub-dermal GPS: Pre-injection mapping strategy***LIVE DEMO**  *Precision Structural Placement**Panwadee Thongjaroensirikul, Thailand**The Rheology Matrix: Plane-specific Mechanics**Speaker to be announced***LIVE DEMO**  *Advanced Layer-specific Injection**Joan Vandeputte, Belgium***One Face, Many Tools: The Art of Synergistic Aesthetics****Moderators:** Nataya Voravutinon

Modern aesthetic medicine increasingly relies on synergistic treatment strategies that combine devices, injectables, and regenerative therapies to achieve more comprehensive and natural-looking outcomes.

This session explores the principles of integrated treatment design, including modality selection, sequencing, patient-specific planning, and how combination approaches can optimize facial harmony, tissue remodeling, and long-term results.

*Preventive Aesthetic Dermatology 2030: Building Long-Term Skin Health Strategies for Asian Patients**Irene Gaile C. Robredo-Vitas, Philippines**Recombinant Enzymes for Facial Rejuvenation**Jack Kolenda, Canada**Energy-Based Devices for Skin Laxity: Understanding Tissue Interactions of Ultrasound vs. Radiofrequency**Chinathip Theerawattanawit, Thailand**Combination Treatment with EBD for Facial Laxity**Natcha Chottawornsak, Thailand**Hybrid Protocols for Perioral Rejuvenation: Combining Injectables and Energy-Based Devices**Ekaterina Gutop, Armenia**Trichloroacetic Acid Peel and Injectable Polyrevitalization Solution: A Combined Approach for Periocular Rejuvenation**Hellen Cristina Batista Souza, Brazil**The Science of Synergistic Rejuvenation: Evidence-Based Sequencing for Combination Aesthetic Treatments**Nataya Voravutinon, Thailand*

ROOM 2

08:30 - 10:00

SESSION ID: 8985

Aesthetics 2.0 (Part 1):**From Wrinkles to Wellness - The Practical Guide to Longevity Integration****Moderators:** Mart Maiprasert

This session bridges traditional aesthetic practice and the emerging field of longevity medicine, shifting the focus from wrinkle correction to long-term skin health and systemic well-being. It highlights how regenerative principles, metabolic factors, and lifestyle considerations are reshaping aesthetic outcomes.

Through practical guidance, faculty will present actionable strategies to integrate longevity concepts into daily clinical protocols, supporting more durable, holistic, and biologically meaningful results in aesthetic practice.

Beauty May No Longer Be Enough: Preparing Aesthetic Medicine for the Longevity Era

Irene Gaile C. Robredo-Vitas, Philippines

Aesthetic Medicine as a Gateway to Preventive and Wellness-Based Healthcare: Experience from a Multidisciplinary Medical Clinic

Lubaba Abu Sheikh, Jordan

Living Longer, Living Better -The New Medicine of Longevity: From Genes and Lifestyle to Clinical Practice

Nisha Menon, United Kingdom

Anabolic Hormones for Sarcopenia Prevention

Serge Ginter, Belgium

Aesthetic Longevity in Menopause: A Retrospective Case Series Integrating Hormonal Optimization and Multimodal Facial Rejuvenation

Atinuch Doungkaew, Thailand

10:30 - 12:00

SESSION ID: 8989

Aesthetics 2.0 (Part 2):**From Wrinkles to Wellness - The Practical Guide to Longevity Integration****Moderators:** Mart Maiprasert

Building on the principles of longevity integration, this session looks ahead to Aesthetic & Longevity Medicine 2030, where success is defined not only by appearance but by function, resilience, and healthy aging. It moves beyond appearance-driven rejuvenation toward treatments that actively support tissue quality, structural integrity, and long-term skin performance.

Faculty will present practical strategies to design future-ready protocols that align aesthetic outcomes with biological health, illustrating how functional aesthetics will shape the next decade of clinical practice.

Oral Melatonin for Melasma: Comparable Efficacy to Tranexamic Acid in a Randomized Controlled Trial

Premjit Juntongjin, Thailand

The New Injectable Landscape: PRF, PDRN, Exosomes and Synthetic Adipose

Anil Rajani, USA

Beyond Collagen Stimulation: Acellular Adipose Matrix as a Model to Decode ECM Remodeling in Regenerative Biostimulation

Susan CHEONG, China

PRP Alone Is Not Enough: The Evolution of Combination Regenerative Therapies

Claudia McGloin

The New Aesthetic Currency: Regeneration, Restoration, Repair

Moderators: Francisco Llano

This session explores the evolving role of regenerative medicine in aesthetics, with a focus on emerging regenerative therapies including PRP, exosomes, polynucleotides, and other bioactive treatments. Topics include tissue repair, skin rejuvenation, and strategies to improve skin quality while supporting natural, long-lasting outcomes.

The Skin Bio-regenerative Network: Clinical Applications of Exosomes, Polynucleotides, and Growth Factors

Francisco Llano, Mexico

The Future of Skin Longevity Through Dermato-Genetic theory, Epigenetic Rejuvenation and Precision Regenerative Dermatology

Sarittha Somsup, Thailand

The Role of Exosomes in Skin Regeneration

Mariam Tsivtsivadze, Georgia

Nucleotide-Based Bio-Revitalization: The Role of PDRN and PN in Skin Rejuvenation

Falguni Shah, India

Regenerative Approaches to Scar Management: Synergistic Use of Injectable and Energy-Based Therapies

Ekaterina Gutop, Armenia

Autologous Fat Transfer in Regenerative Facial Rejuvenation and Skin Longevity

Maryam Maleki, UAE

Stimulation is not Regeneration and How to Delay Aging

Xanya Sofra, UK

Extracellular Matrix as an Active Regulator of Multilayer Tissue Stimulation: From Mechanotransduction to Regeneration

Izabela Zaleska, Poland

The Metabo-Aesthetic Era: Mastering the GLP-1 Patient Journey

This session examines the intersection of metabolic pharmacology and aesthetic medicine driven by widespread incretin therapy use. Faculty will review the GLP-1 patient profile, transitioning from demographic trends to the cellular mechanics of tissue alteration. The curriculum evaluates specific structural changes - including data regarding neuromodulator durability and the limits of isolated volume replacement - before outlining multimodal treatment options. The discussion provides a practical framework for combining structural biostimulators and targeted hyaluronic acid rheology to address deflated facial architecture.

GLP-1 Agonists and the New Aesthetic Patient: A Comprehensive Approach

Ines Verner, Israel

Systemic Metabolic Rejuvenation and Inflammaging Signaling Pathways

Sarittha Somsup, Thailand

When Metabolism Influences Aesthetics: GLP-1 Agonists and Reduced BoNT-A Longevity

Alain Michon, Canada

Invisible Facial Architecture: A Single-Session Multi-Layer Protocol for GLP-1-Associated Facial Volume Loss and Tissue Laxity

Malak Hassan Zahoui, Paraguay

The Filler Paradox: Why Volume Replacement Alone Fails the GLP-1 Patient

Steven Land, UK

Tailoring Regenerative Protocols in Asian Demographics: PLLA Applications for GLP-1 Weight Loss Patients

Georgios Vlachakis, Greece

ROOM 3

08:30 - 09:45

SESSION ID: 8984

The Surgical Portfolio: Advanced Minimally Invasive Refinement

Moderators: Kritsada Kowitwibool, Daniel Kalbermatten

Achieving natural, balanced facial harmony requires a refined and adaptable clinical approach. The Facial Portfolio is a 75-minute session presenting a curated range of minimally invasive techniques designed to optimize key anatomical zones of the face and neck.

Leading international experts will showcase targeted, stand-alone innovations-from brow and periorbital refinement to advanced nasal reshaping and precision jawline definition. Focused on safety, reproducibility, and low-downtime outcomes, this session offers a high-impact clinical menu of modern aesthetic solutions tailored to diverse patient needs.

<i>Applications of Acellular Dermal Matrix (ADM) in Asian Rhinoplasty</i>	<i>Kritsada Kowitwibool, Thailand</i>
<i>Use of Autologous Adipose-Derived Stromal Vascular Fractions in Revision Rhinoplasty for Severe Contractures in Asian Patients</i>	<i>Tae Hwan Ahn, South Korea</i>
<i>Minimally Invasive Cervical Contouring in East Asian Patients Using Bipolar Radiofrequency-Assisted Liposuction</i>	<i>Terry Yen, Taiwan</i>
<i>Scarless Aesthetics: Advanced Closure Techniques to Minimize Fibrosis and Maximize Healing in Body Contouring Surgery</i>	<i>Rodolfo Gonzalez, Mexico</i>
<i>U-Graft: Standardizing Ultrasound-Guided Muscle Fat Grafting for the Next Generation of Body Contouring</i>	<i>Alexis Delobaux, France</i>

10:30 - 12:00

SESSION ID: 8998

Smart Devices, Smarter Results

Moderators: Nataya Voravutinon, Paolo Bonan

Energy-based and technology-driven devices are continuously redefining modern aesthetic practice through greater precision, adaptability, and treatment efficiency. This session explores how advanced device technologies are being integrated into daily clinical workflows to enhance outcomes across skin quality, tightening, contouring, and rejuvenation.

Faculty will present contemporary clinical approaches and real-world insights on optimizing device parameters, sequencing treatments, and combining technologies with injectables and regenerative strategies. The focus is on translating technological innovation into smarter, more predictable, and consistently refined aesthetic results in routine practice.

<i>Precision Ablative Laser Therapy: From Standard Parameters to Personalized Treatment Strategies and Epigenetic Modulation</i>	<i>Paolo Bonan, Italy</i>
<i>Intralesional 1470-nm Diode Endolaser for Peri-Orbital Tissue Remodeling and Skin Tightening</i>	<i>Nataya Voravutinon, Thailand</i>
<i>Expanding the Role of Microneedling RF: From Rejuvenation to Acne and Vascular Lesions</i>	<i>Inneke Jane Hidajat, Indonesia</i>
<i>Head-to-Head Comparison Between Picosecond and Q-Switched Lasers for Melasma: A Systematic Review and Meta-Analysis</i>	<i>Eduardo Chicarelli Martin, Brazil</i>
<i>Advanced Application of Picosecond Laser for Indications Beyond Photoaging-related Hyperpigmented Spots</i>	<i>Yaojia LUO, China</i>
<i>Clinical Optimization of Long-Pulsed 1064-nm Nd:YAG Laser for FCAD-Associated Facial Telangiectasia: A Prospective Case Series</i>	<i>Tram Pham Thi Bao, Vietnam</i>
<i>Laser and Energy-Based Device Complications: Prevention, Early Recognition, and Evidence-Based Management Strategies</i>	<i>Prince Varde, India</i>

Pigment Warfare: Controlling the Most Complex Skin Challenge

Moderators: Natcha Chottawornsak, Madhuri Agarwal

This session addresses pigmentation as one of the most complex and relapse-prone challenges in aesthetic medicine, where standard protocols often fail to deliver durable control. It explores the underlying biological drivers of dyschromia, including inflammation, melanocyte activation, and external triggers that perpetuate recurrence.

Through a clinically focused approach, faculty will present advanced diagnostic frameworks and combination strategies designed to improve treatment precision and long-term stability. The session emphasizes practical decision-making in managing resistant cases, offering a structured approach to achieving more predictable and sustained outcomes in pigmentary disorders.

Rethinking Melasma: A New Paradigm Combining Systemic Inside-Out Therapy for Sustainable Pigment Control

Ruri D Pamela, Indonesia

Melanophagy Unmasked: Rethinking the Melasma Treatment Ladder

Madhuri Agarwal, India

The MelOUT Protocol: Biological Wnt/ β -Catenin Signal Blockade via Autologous DKK-1 Enrichment (Lukasz)

Treating Melasma Without Lasers: A Practical Clinical Approach

Warisa Tayangkhanon, Thailand

Q&A

Restoring Skin Pigment Harmony with Exosomes: Clinical and Translational Impact on Aesthetic Dermatology

Ali Alamri, Saudi Arabia

Preventing Tyndall and Lumps: Switching to Cell-Free Autologous Exosomes for Safe Infraorbital Brightening

Vanravi Vachitmanont, Thailand

Red Light Therapy for Melasma: Bridging Evidence and Clinical Practice

Panwadee Thongjaroensirikul, Thailand

Neuromodulation of Pigmentation: The Emerging Role of Botulinum Toxin in Melasma Management

Falak Waqas, Pakistan

Q&A

Where do Threads Fit in Modern Aesthetic Algorithms?

Moderators: Panwadee Thongjaroensirikul, Mariam Tsvitsivadze

Thread lifting remains a debated and evolving tool within facial rejuvenation, with its role increasingly defined by careful patient selection, anatomical indication, and integration into broader treatment strategies. This session explores how threads are currently positioned within modern aesthetic algorithms, alongside injectables, energy-based devices, and regenerative approaches.

Based on selected abstract submissions, faculty will present real-world clinical experiences and evidence-informed perspectives on when threads add value, when they should be avoided, and how they can be combined with other modalities to support lifting, contouring, or tissue quality improvement. The session aims to clarify their practical relevance in contemporary aesthetic practice and define their place within a multimodal treatment landscape.

Fascia-Fixating Thread Lifting: A Structural Approach to Safer and More Predictable Outcomes

Anna Youn-Kyong Jo, South Korea

VectorLift: Anatomically Guided Thread-Lifting Technique With Reduced Pain and Downtime: Results From a Real-World Non-Randomized Comparative Study

Alberto Leguna-Ruzzi, Czech Republic

Achieving Stable Eyebrow Lifting Through a Combination of Minimally Invasive Procedures

Mariam Tsvitsivadze, Georgia

A Novel Dual-Vector Thread Lift Technique Tailored for Asian Facial Anatomy: Preventing Midface Widening and Enhancing Longevity via STF

Yuri Matsumoto, Japan

Beyond Linear Traction: The Trident Tridimensional Thread Lift (TTT) - A Novel Dual-Frame Interlocking Suspension Architecture for Predictable Midface Rejuvenation

Abdulrahman Abdulkaky, UK

A Novel Bidirectional Cutting Cog Thread Lifting Concept Demonstrating Superior Outcomes in the Lower Face and Submental Region: A Prospective Clinical Analysis of Multi-Vector Deep Plane Repositioning

Tae Hwan Ahn, South Korea

THE CATALYST STAGE

08:30 - 09:45

SESSION ID: 8983

The Next Starts Now: Future Trends Forum

This session brings together key perspectives on emerging directions in aesthetic medicine, with a focus on how current scientific, technological, and clinical developments may influence future practice. Rather than presenting definitive forecasts, it explores credible trends and evolving concepts that are shaping the conversation around next-generation aesthetics.

The session aims to support clinicians in understanding where the specialty may be heading, and what developments are worth observing as they move from early-stage concepts toward potential clinical adoption.

10.30-11.30

SESSION ID: 9631

Your Case. Your Challenge. Your Next Step

Bring your most challenging cases to the open stage for a live, interactive consultation. Selected cases submitted by attendees will be discussed in depth, exploring clinical assessment, treatment planning, decision-making, and possible approaches to complex situations. Join the conversation, ask your questions, and gain practical insights to help you take your next step in clinical practice.

Consultants: Tom van Eijk & Arash Jalali

16:00-17:30

SESSION ID: 9006

Clinic 2030 OS: AI, Automation & Digital Authority

Moderators: Vanessa Bird, Pamela Chayavichitsilp

Artificial intelligence is reshaping every aspect of aesthetic practice -from operations and patient communication to marketing and online discovery. But future-ready clinics need more than technology adoption; they require clear positioning, digital credibility, and operational intelligence. This session explores how to build a relevant, efficient, and trusted clinic for the next era.

From Promise to Proof: Bridging Today's Clinical Reality with Science-led Personalisation for 2030 and Beyond

Russell Turner, UK

Captured Value: The Power of Photography in Clinical Practice and Marketing

Jan Raymond Conadera, Philippines

From Doctor to Global Brand: Winning on Social Media

Anil Rajani, USA

The New Currency of Authority: Why PR and Press Features Are Essential for Aesthetic Clinics in the Age of Google and AI

Jenny Pabila, UK

AI or Die? The Pros and Cons of AI in Aesthetic Practice

Vanessa Bird, UK

Panel discussion: Can AI Scale Your Clinic Without Diluting Your Brand?

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AESTHETIC MEDICINE WORLD CONGRESS & TAIWAN DERMATOLOGY AESTHETIC CONFERENCE

APRIL 30
MAY 1-2

2027

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SPONSORED SYMPOSIA

	ROOM 1	THE CATALYST STAGE	ROOM 4	ROOM 5
08:30 09:45				
09:45 10:30	OPENING REMARK & WELCOME	COFFEE BREAK		
		DERMAKORZ 10.00 - 10.30	KUBER SCIENCE 10.00-10.30	BLOOMAGE 10.00-10.30
10.30 12.00			PHARMA RESEARCH 10.30-12.30	DFKBIOLAB 10.30-11.00
				JUVGEN 11:00-12:30
12.00 13.00	GALDERMA LUNCH SYMPOSIUM			
13.00 14.00	LUNCH BREAK			
14.00 15.45		MERZ AESTHETICS 14:00-15:00	KBH CARE 14:00-15:00	BR PHARM 14:00-16:00
		MERZ AESTHETICS 15:00-16:00	HYALURE AESTHETICS 15:00 - 15:30	
15.45 16.30	COFFEE BREAK		KORU PHARMA 15:30 - 16:00	
16.30 18.00			DOF 16:00-17:00	VITA MEDICAL 16:00-17:00

THURSDAY - 26 NOV

	ROOM 1	THE CATALYST STAGE	ROOM 4	ROOM 5
08:30 09:45				
09:45 10:30	COFFEE BREAK	COFFEE BREAK	BREXOGEN 9:30 - 10:00	TSK 9:30 - 10:30
		HUONS MEDITECH 10.00 - 10.30	ROTHO MEDILUX 10.00 - 10.30	
10.30 12.00			PHARMA RESEARCH 10.30-11.30	SR BIOTEK 10.30-11.30
		L'OREAL 11.30-12.30	BIONET THERAPEUTICS 11.30-12.30	BR PHARM 11.30-12.30
12.00 13.00	ALLERGAN AESTHETICS LUNCH SYMPOSIUM	LUNCH BREAK		
13.00 14.00				
14.00 15.45		MERZ AESTHETICS 14:00-15:00	KORU PHARMA 14:00-15:00	CIRCADIA 14:00-15:00
		MERZ AESTHETICS 15:00-16:00	ULTRA V 15:00-16:00	KBH CARE 15:00-16:00
15.45 16.30	COFFEE BREAK		DOF 16:00-17:00	BS PHARM 16:00-17:00
16.30 18.00				

FRIDAY - 27 NOV

THURSDAY - 26 NOV

ROOM 1

12:00-13:00 Luncheon Symposium

GALDERMA

ROOM 4

10:00 - 10:30

KUBER SCIENCE

10:30 - 12:30

Pharma Research

14:00 - 15:00

KBH CARE

15:00 - 15:30

Hyalure Aesthetics

15:30 - 16:00

KORU PHARMA

16:00 - 17:00

DOF

ROOM 5

09:30 - 10:30

BLOOMAGE

10:30 - 11:00

DFKBIOLAB

11:00 - 12:30

JUVGEN

14:00 - 16:00

BR PHARM

16:00 - 17:00

VITA MEDICAL

THE CATALYST STAGE

10:00 - 10:30

DERMAKOR

14:00 - 16:00

MERZ AESTHETICS

FRIDAY - 27 NOV

ROOM 1

12:00-13:00 Luncheon Symposium

ABBVIE THAILAND

ROOM 4

09:30 - 10:00

BREXOGEN

10:00 - 10:30

ROTHO MEDILUX

10:30 - 11:30

PHARMA RESEARCH

11:30 - 12:30

BIONET THERAPEUTICS

14:00 - 15:00

KORU PHARMA

15:00 - 16:00

Ultra V

16:00 - 17:00

DOF

ROOM 5

09:30 - 10:30

TSK

10:30 - 11:30

SR BIOTEK

11:30 - 12:30

BR PHARM

14:00 - 15:00

CIRCADIA

15:00 - 16:00

KBH CARE

16:00 - 17:00

BS PHARM

THE CATALYST STAGE

10:00 - 10:30

HUONS MEDITECH

11:30 - 12:30

L'OREAL

14:00 - 16:00

MERZ AESTHETICS

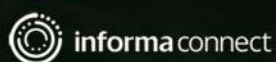
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Saturday

28
NOVEMBER

Post-Congress Courses

Venue



Rajavithi Hospital, Building C, 12th floor
2 Phaya Thai Rd, Thung Phaya Thai,
Ratchathewi, Bangkok
Public transport: BTS - Victory Monument Station

Rajavithi Hospital, a premier government-run healthcare facility situated in the heart of Bangkok, Thailand is known for its comprehensive medical services and advanced healthcare technologies. It provides an ideal setting for this educational program.

Integrated Aesthetics 360°: A Clinical Masterclass in Integrated Aesthetic Treatment Planning

08:30 - 17:30

FULL DAY

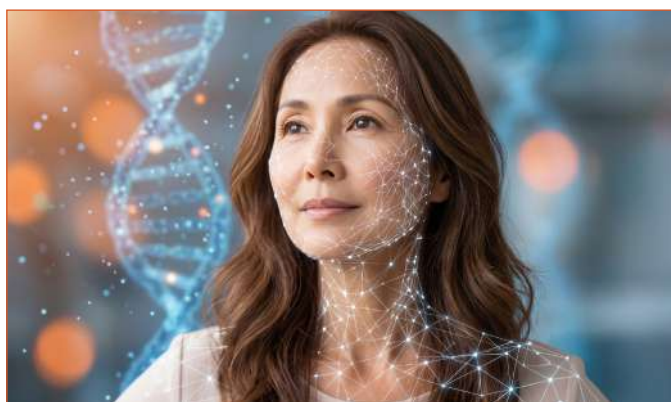


Move beyond procedures. Learn how to design integrated treatment systems through real cases and live demonstrations.

Clinical Longevity Medicine: From Systems Biology to Therapeutic Action

09:00 - 17:30

FULL DAY



From biomarkers to treatment decisions. Longevity medicine made clinically actionable.

Saturday

28
NOVEMBER



Post-Congress Course

Integrated Aesthetics 360°: A Clinical Masterclass in Integrated Aesthetic Treatment Planning

Move beyond procedures. Learn how to design integrated treatment systems through real cases and live demonstrations.

Modern patients present with complex combinations of structural changes, skin deterioration, volume loss, and age-related tissue decline. Addressing these concerns effectively requires more than technical proficiency - it requires a systematic approach to assessment, prioritization, sequencing, and treatment design.

Integrated Aesthetics 360° is an advanced post-congress masterclass dedicated to the principles of integrated aesthetic treatment planning. Through expert-led lectures, interactive discussions, and live demonstrations, participants will explore how injectables, energy-based devices, regenerative therapies, and precision hyaluronic acid techniques can be strategically combined to achieve predictable, natural-looking, and long-lasting outcomes.

Who Should Attend?

This course is designed for:

- Experienced aesthetic physicians
- Dermatologists
- Plastic surgeons
- Injectors already performing combination treatments
- Clinicians seeking to refine treatment planning and sequencing

Venue



His Majesty the King's 6th Cycle Birthday Anniversary Building (Building C), 12th floor
Rajavithi Hospital, 2 Phaya Thai Rd, Thung Phaya Thai, Ratchathewi, Bangkok

Course Scientific Directors



Jinda Rojanamatin
Dermatologist
Thailand



Rungsima Wanitphakdeedecha
Dermatologist
Thailand



Jack Kolenda
Facial Plastic Surgeon
Canada

Key Learning Outcomes

- Assess facial aging using a multi-layer framework
- Prioritize treatment needs and select appropriate modalities
- Integrate injectables, devices, and regenerative therapies
- Optimize sequencing and combination treatment strategies
- Integrate advanced hyaluronic acid techniques into full-face aesthetic treatment planning
- Design personalized treatment pathways for different patient profiles
- Apply integrated treatment planning principles in daily clinical practice

COURSE PROGRAM

08:30 – 08:45

Opening Session

Integrated Aesthetics 360°: From Techniques to Treatment Systems

Introduction to the principles of integrated treatment design and clinical decision-making frameworks.

Beyond Procedures: Building the Architecture of Modern Aesthetic Treatment Planning

Jinda Rojanamatin & Rungsima Wanitphakdeedecha, Thailand

08:45 – 10:00

Session 1: The Integrated Aesthetics Framework

Building the Clinical Logic of Combination Treatments

The 360° Facial Assessment: From Aging Analysis to Treatment Strategy

Jesper Thulesen, Denmark

The Art of Treatment Sequencing: When to Treat Structure, Skin Quality and Function

Alain Michon, Canada

Anatomy-Driven Decision Making: Safety as the Foundation of Integration

Jack Kolenda, Canada

To Blend or Not to Blend: Anatomical Boundaries and the Logic of Transitions in Filler Design

Julieta Spada, Argentina

10:00 – 11:00

Live Demonstration 1 – Structural Rejuvenation & Precision Aesthetic Corrections

Facial Structuring, Advanced Hyaluronic Acid Techniques & Anatomy Pearls

During the live treatment, demonstrators present their treatment strategies using ultrasound imaging, anatomical illustrations, and vascular mapping, with a focus on key safety considerations and danger zones.

LIVE DEMO – Case A:

Early volume loss and preventive strategy (40–45y)

Jesper Thulesen, Denmark

LIVE DEMO – Case B:

Precision aesthetic corrections (Advanced HA indications)

Jack Kolenda, Canada

11:00 – 11:20

Coffee break

11:20 – 12:30

Session 2: Sequencing Devices And Biological Therapies

Evidence-Based Combination Therapy: What to Combine, What Not to Combine

Ya-Nin Nokdhes, Thailand

Problem-Based Approach to Skin Quality: What to Combine and Why

Panwadee Thongjaroensirikul, Thailand

Combination Treatment Strategies for Sagging: Sequencing Devices, Injectables and Regenerative Therapies

Ekaterina Gutop, Armenia

Regenerative Approaches for Skin Quality Enhancement: From Biostimulation to Tissue Remodeling

Jack Kolenda, Canada

After the Hyaluronidase: Microneedling RF as a Strategy to Prevent Post-Dissolution Deflation in the Midface

Julieta Spada, Argentina

12:30 – 13:30

Lunch Break

13:30 – 14:30

Live Demonstration 2: Skin Quality & Regeneration

LIVE DEMO – Case A

Preventive Skin Quality Enhancement in Younger Patient with Early Signs of Aging

Ekaterina Gutop, Armenia

LIVE DEMO – Case B

Regenerative Skin Restoration in Patient with Photodamage, Laxity, and Skin Deterioration

Tanonkiert Tienthavorn, Thailand

14:30 – 15:40

Session 3: Personalized Treatment Design

From Consultation to Shared Decision-Making: Creating Personalized Aesthetic Treatment Plans Patients Understand and Trust

Joan Vandeputte, Belgium

Designing Long-Term Treatment Journeys: From First Consultation to 12-Month Planning

Ekaterina Gutop, Armenia

Overfilled Syndrome: A Practical Classification and Correction Strategy

Julieta Spada, Argentina

Expert Panel: Personalized Treatment Design Through Real Clinical Cases (4 Cases)

15:40 – 16:00

Coffee Break

16:00 – 17:00

Live Demonstration 3: Full-face Integrated Design

LIVE DEMO – CASE A: Structural Priority Patient

Structural Priority Patient

Alain Michon, Canada

LIVE DEMO – CASE B: Skin & Quality Priority Patient

Skin & Quality Priority Patient

Demonstrator to be announced

17:00 – 17:45

Session 4: Evolving Models In Integrated Aesthetics

Artificial Intelligence and Digital Transformation in Personalized Aesthetic Medicine

Alain Michon, Canada

The Next Generation of Regenerative and Biological Aesthetics

Joan Vandeputte, Belgium

Closing Remark & Key Takeaways

Saturday

28
NOVEMBER

Post-Congress Course

Clinical Longevity Medicine: From Systems Biology to Therapeutic Action

This post-congress course translates longevity science into **practical clinical protocols**. It focuses on applying **biomarkers, biological age, and systems biology** into structured treatment strategies across metabolic, hormonal, and regenerative medicine.

Designed for physicians seeking immediate clinical application, it bridges **theory and real-world practice** through protocol-driven decision-making and case-based learning.

Key Focus Areas

- Biomarkers & biological age in clinical decision-making
- Metabolic, hormonal & regenerative therapies
- GLP-1, TRT/HRT & peptide-based protocols
- Systems-based longevity treatment design
- Case-based clinical reasoning

Who Should Attend?

Physicians and healthcare professionals across specialties who want to implement **structured, evidence-informed longevity medicine** in clinical practice, including metabolic, hormonal, and regenerative approaches.

Venue



His Majesty the King's 6th Cycle Birthday Anniversary Building (Building C), 12th floor
Rajavithi Hospital, 2 Phaya Thai Rd, Thung Phaya Thai, Ratchathewi, Bangkok

Course Scientific Directors



Derrick Desilva
Internal Medicine
USA



Theodora Mantzourani
Functional Medicine
UK



Mart Maiprasert
Anti-aging & Aesthetic Medicine
Thailand

COURSE PROGRAM

09.00-10.15

Part 1: Diagnostics & Clinical Decision Making

From Biomarkers to Clinical Prioritization

Focus on translating **biomarkers and biological age into actionable clinical decisions**, identifying dominant aging drivers and structuring treatment priorities.

Key topics:

- Translating biological age into clinical action
- Multi-system biomarker interpretation (metabolic, inflammatory, hormonal)
- Identifying dominant aging phenotypes
- Treatment prioritization frameworks (what to treat first and why)
- From diagnostic complexity to structured clinical pathways

Clinical Serologic Testing and Interpretations
Derrick DeSilva, USA

Genomic Testing and Interpretations
Laura Lile, USA

Metabolomic testing and Interpretations
Cyrille Thinnès, Ireland

10.15-10.35

Coffee Break

10.35-12.00

Part 2: Clinical Hormonal Therapy Applications

Clinical Protocols for Systemic Rebalancing

Structured clinical approaches to **metabolic dysfunction and hormonal imbalance**, focusing on treatment initiation, sequencing, and monitoring.

Key topics:

- GLP-1 clinical frameworks: patient selection, treatment logic, and monitoring principles
- Insulin resistance and metabolic correction strategies
- Thyroid optimization frameworks
- TRT and HRT clinical pathways: indications, sequencing, and integration
- Risk management and safety considerations in hormonal therapy
- Linking metabolic correction to long-term aging outcomes

Introduction to BHRT
Derrick DeSilva, USA

Advanced BHRT within a Systems Biology approach to health optimization
Theodora Mantzourani, UK

Why BHRT Fails: Common Pitfalls in Assessment, Prescription, and Patient Management
Mart Maiprasert, Thailand

12.00-13.00

Lunch break

13.00-14.30

Part 3: Regenerative & Clinical Peptide Therapy Applications

Clinical Regeneration and Recovery Optimization

Integration of **regenerative medicine and peptide-based therapies** into longevity practice to enhance recovery, tissue function, and resilience.

Key topics:

- Peptide therapy frameworks in clinical practice
- Hormone-peptide synergy models
- Recovery optimization after aesthetic and medical interventions
- Regenerative strategies for skin, hair, muscle, and tissue health
- Evidence-based integration of emerging regenerative therapies
- Clinical sequencing of regenerative interventions within treatment plans

What are the Top 10 Peptides for Clinical Use
Derrick DeSilva, USA

Peptides for Skin and Hair Longevity
Theodora Mantzourani, UK

Integrative Antiaging Medicine: From Hormonal Balance to Skin Longevity
Deny Gutierrez Welsh, Mexico

14.30-14.45

Coffee Break

14.45-16.10

Part 4: Integrated Longevity Program Design

Building Clinical Systems for Long-Term Patient Management

How to design **comprehensive longevity programs** combining metabolic, hormonal, regenerative, and lifestyle interventions.

Key topics:

- Designing full longevity treatment programs in clinical practice
- Integrating metabolic, hormonal, and regenerative therapies
- Lifestyle medicine as a prescription tool (sleep, stress, nutrition, environment)
- Monitoring and adapting long-term patient progress
- Building clinic-ready longevity service models
- From individual treatments to integrated care systems

You Can't Have a Beautiful Skin with a Sick Microbiome: Clinical Use of Pre, Pro and Postbiotics
Francisco Llano, Mexico

How to Create Bespoke Diet, Nutritional Supplement and Skincare "Prescriptions": The Foundations of Precision Longevity Medicine
Theodora Mantzourani, UK

Measuring What You Prescribe: Epigenetic Clocks, Skin-Specific Biomarkers and Proving Longevity Outcomes
Wanviput Sanphasitvong, Thailand

16.10-17.30

Part 5: Case-based Integration Panel

From Systems Thinking to Clinical Prescription

The final session consolidates all learning through structured case discussions. Each case represents a real-world multi-system patient scenario requiring diagnostic interpretation, prioritization, and treatment design.

Participants will observe how different clinicians approach the same case using conventional reasoning versus systems-based longevity medicine.

Case-based Panel Discussion

Theodora Mantzourani, UK - Mart Maiprasert, Thailand - Francisco Llano, Mexico - Derrick DeSilva, US - Laura Lile, USA - Deny Gutierrez Welsh, Mexico - Cyrille Thinnès, Ireland, Wanviput Sanphasitvong, Thailand